

**LLS 20 JOY OF LIVING**

#1785 T 2:00PM-4:00PM TROPICO 303 SAPORITO  
[2 hrs per week] 8 WEEKS COURSE 06/16/26 – 08/04/2026

**LLS 25 ADJUSTMENT TO RETIREMENT**

#1788 T 1:00PM-3:00PM TROPICO 211 NAVARRO  
[2 hrs per week] 6 WEEKS COURSE 06/16/26 – 07/21/2026

**LLS 27 WHERE'S MY MEMORY?**

#1790 TH 1:00PM-3:00PM TROPICO 211 NAVARRO  
[2 hrs per week] 6 WEEKS COURSE 06/18/26 – 07/23/2026

**LLS 30 DISCOVERING YOURSELF THROUGH MEMOIR WRITING+**

#1791 W 1:00PM-3:00PM REMOTE RISH  
[2 hrs per week] 8 WEEKS COURSE 06/17/26 – 08/05/2026

**LLS 40 BALANCE & MOBILITY**

#1856 W/F 9:00AM-12:00PM TROPICO 211 GIBBS  
[6 hrs per week] 8 WEEKS COURSE 06/17/26 – 08/07/2026

**LLS 44 DIET AND NUTRITION FOR OLDER ADULTS**

#1787 TH 10:00AM-12:00PM TROPICO 303 GIBBS  
[2 hrs per week] 8 WEEKS COURSE 06/18/26 – 08/06/2026

**LLS 72 FILM APPRECIATION**

#1783 TH 1:00PM-3:30PM MARIPOSA 212 FERGUSON  
[2.5 hrs per week] 5 WEEKS COURSE 06/18/26–07/16/2026

**LLS 80 ACTING IMPROVISATION**

#1792 M 10:00AM-12:00PM TROPICO 211 BAUGHN  
[2 hrs per week] 8 WEEKS COURSE 06/15/26–08/03/2026

**LLS 141 ANCIENT CIVILIZATIONS OF THE WORLD**

#1871 F 11:00AM-3:00PM SOMERSET 102 SPRANKLE  
[4 hrs per week] 8 WEEKS COURSE 06/19/26 – 08/07/2026

**ALL CLASSES ARE TUITION FREE**

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Lifelong Learning Seminars and Short Term Vocational Classes invite you to explore new interests, stay mentally engaged, and connect with others through meaningful educational experiences designed to spark curiosity at every stage of life.

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For more information call:  
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**CLASS LOCATION**

• GCC – Garfield Campus  
1122 E. Garfield, Glendale, CA 91205

