

**LLS 20 JOY OF LIVING**

#1785 T 2:00PM-4:00PM TROPICO 303 SAPORITO
[2 hrs per week] 8 WEEKS COURSE 06/16/26 – 08/04/2026

LLS 25 ADJUSTMENT TO RETIREMENT

#1788 T 1:00PM-3:00PM TROPICO 211 NAVARRO
[2 hrs per week] 6 WEEKS COURSE 06/16/26 – 07/21/2026

LLS 27 WHERE'S MY MEMORY?

#1790 TH 1:00PM-3:00PM TROPICO 211 NAVARRO
[2 hrs per week] 6 WEEKS COURSE 06/18/26 – 07/23/2026

LLS 30 DISCOVERING YOURSELF THROUGH MEMOIR WRITING+

#1791 W 1:00PM-3:00PM REMOTE RISH
[2 hrs per week] 8 WEEKS COURSE 06/17/26 – 08/05/2026

LLS 40 BALANCE & MOBILITY

#1856 W/F 9:00AM-12:00PM TROPICO 211 GIBBS
[6 hrs per week] 8 WEEKS COURSE 06/17/26 – 08/05/2026

LLS 44 DIET AND NUTRITION FOR OLDER ADULTS

#1787 TH 10:00AM-12:00PM TROPICO 303 GIBBS
[2 hrs per week] 8 WEEKS COURSE 06/18/26 – 08/06/2026

LLS 72 FILM APPRECIATION

#1783 TH 1:00PM-3:30AM MARIPOSA 212 FERGUSON
[2.5 hrs per week] 5 WEEKS COURSE 06/15/26–07/18/2026

LLS 80 ACTING IMPROVISATION

#1792 M 10:00AM-12:00PM TROPICO 211 BAUGHN
[2 hrs per week] 8 WEEKS COURSE 06/15/26–08/03/2026

ALL CLASSES ARE TUITION FREE

Learning doesn't stop – it evolves.

Lifelong Learning Seminars and Short Term Vocational Classes invite you to explore new interests, stay mentally engaged, and connect with others through meaningful educational experiences designed to spark curiosity at every stage of life.

BEGIN YOUR JOURNEY

Register online at www.glendale.edu.

For more information call:
(818) 240-1000 ext. 5690

CLASS LOCATIONS

- **GCC – Garfield Campus**
1122 E. Garfield, Glendale, CA 91205
(Mariposa / Tropic)
- **Maple Park**
802 E Maple St, Glendale, CA 91205
- **Pacific Park**
501 S. Pacific Ave, Glendale CA 91204
- **Adult Recreation Center – ARC**
201 E. Colorado St, Glendale CA 91205
- **Sparr Heights Community Center**
1613 Glencoe Way, Glendale CA 91208

