

Glendale College

Course Outline of Record Report

Course ID 000243
Cyclical Review - May 2025

PARED60 : Positive Parenting

General Information

Author:	<ul style="list-style-type: none"> • Kimberli Perner • Flynn, Barbara • Dilucchio, Jane
Course Code (CB01) :	PARED60
Course Title (CB02) :	Positive Parenting
Department:	PARED
Proposal Start:	Winter 2026
TOP Code (CB03) :	(1305.60) Parenting and Family Education
CIP Code:	(19.0707) Family and Community Services.
SAM Code (CB09) :	D - Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000657813
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	PARED 60 is designed for parents and caregivers who seek instruction in positive caregiving, communication, and behavior management methods and skills to redirect inappropriate behavior in children and adolescents of all ages. Students gain a basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, effective communication, behavior management, and positive guidance. Lecture 12-32 hours. Note: This class may be offered as "for adults only" or "for adults and children." Note: This course is Pass/No pass only.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> • Noncredit
Mode of Delivery:	<ul style="list-style-type: none"> • In-Person • Remote • Hybrid
Author:	<ul style="list-style-type: none"> • Kimberli Perner • Flynn, Barbara
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> • Parent Education: Non-Credit
Alternate Discipline:	No value

Alternate Discipline: No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact Hours)	12 - 32
Total Course Out-of-Class Hours	0 - 0
Total Student Learning Hours	12 - 32

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Parenting.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Non-Enhanced Funding.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

In Class

Out of Class

Course Student Hours

Course Duration (Weeks)

18

Lecture Hours	12 - 32	0	Hours per unit divisor	54
Laboratory Hours	0	0	Course In-Class (Contact) Hours	
Studio Hours	0	0	Lecture	12 - 32
			Laboratory	0
			Studio	0
			Total	12 - 32
			Course Out-of-Class Hours	
			Lecture	0
			Laboratory	0
			Studio	0
			Total	0

Time Commitment Notes for Students

Students should expect to spend two hours per week engaging with the course materials, discussions, and live sessions. Additional out of class hours completing observations will be encouraged.

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Discussion

Methods of Instruction Guest Speakers

Methods of Instruction Independent Study

Methods of Instruction Multimedia

Methods of Instruction Demonstrations

Out of Class Assignments

- Recording (e.g. observations, worksheets)
- Reading (e.g. instructor-generated handouts)

Methods of Evaluation

Rationale

Activity (answering journal prompt, group activity) Group discussions

Activity (answering journal prompt, group activity) Role-play

Activity (answering journal prompt, group activity) Worksheets

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
Other Instructional Materials (i.e. OER, handouts)				
Description	Instructor-generated materials designed to enhance student learning of course contentn dealing with positive behavior management skills.			
Author	No value			
Citation	No value			
Online Resource(s)	No value			
Description	Duplicated articles from books and periodicals with copyright permissions.			
Author	No value			
Citation	No value			
Online Resource(s)	No value			
Description	A variety of multimedia resources including videos, educational and government websites, apps.			
Author	No value			
Citation	No value			
Online Resource(s)	No value			

Learning Outcomes
Course Objectives
Examine existing parent education and child development theories.
Develop and practice effective parenting, caregiving, and decision-making skills.
Discuss typical caregiver/parent-child situations and how to cope with them.
Identify community resources and support networks.
Discuss behavior management practices, especially identifying the difference between discipline and punishment.
Examine, without bias, cultural differences and influences on childcare practices.

SLOs**Identify age-specific social, emotional, physical, or cognitive developmental characteristics.**

Expected Outcome Performance: 70.0

ILOs Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

PARED Core PLOs	Examine and apply principles of effective parenting and child development within their own families.
	Network with other adults as a source of support when discussing parenting and child development issues.

Practice age-appropriate behavior management techniques.

Expected Outcome Performance: 70.0

ILOs Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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PARED Core PLOs	Examine and apply principles of effective parenting and child development within their own families.
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Course Content**Lecture Content****Introduction and Orientation (1- 2 hours)**

- Course orientation with emphasis on valuing diverse parenting approaches
- Philosophy, goals, and objectives
- Discussion of student concerns
- Safety on campus and in the online classroom
- Establishment of classroom trust and respect agreement
- Responsibilities of participation in the class

Principles of Child and Adolescent Growth and Development (1- 6 hours)

- Characteristics of children and adolescents in specific age groups
- Temperament and individual differences
- Interrelation of developmental factor
- Cultural variations in developmental milestones and expectations
- Physical development
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development
- Importance of play
- Attitudes and methods to promote sharing and delayed gratification
- Aggressive behaviors
- Cognitive development
- Screen time
- Parent's/ caregiver's role in facilitating learning experiences
- Overview of child development theories
- How theory affects child rearing practice

Dynamics of Family Interaction (1-2 hours)

- Myths and realities of parenthood
- Different cultural models of family structure
- Adjusting to parenthood
- Stages of parent development
- Changing family patterns
- Family relationships
- Navigating multicultural identities

Communication Techniques (1-2 hours)

- Active listening
- "I-statements"
- Acknowledgment of feelings
- Cultural variations in beliefs around the sharing of feelings

Parenting Through Divorce (1-4 hours)

- Custody challenges in single parenting, shared custody,
- Challenges of being a non-custodial parent
- Discipline issues in custodial arrangements
- Challenges of raising children through a difficult divorce
- Avoiding using children as a means of revenge
- Allowing children to love both parents
- Protecting children from physical or emotional harm
- Emotional needs of children in divorced families
- Remarriage and blended families

Parenting as a widow/widower (1-2 hours)

- Challenges of discipline as a single parent
- Stages of grief
- Emotional needs of grieving children
- Parental needs

Discipline and Setting Limits (3-8 hours)

- Definitions
- Discipline vs punishment
- Legal definition of child abuse
- Threats, bribes, and rewards
- Age-appropriate expectations
- Adapting discipline strategies for children with different needs
- Goals of misbehavior
- Corporal punishment, pitfalls, and alternatives
- Cultural approaches and perspectives to behavior management
- Situation specific techniques
- Use of consequences
- Definition of natural vs artificial consequences
- Differentiation between logical and illogical consequences
- Practice designing logical consequences for specific discipline situations
- Appropriate use of timeout as a coping mechanism, removal from a situation.

School Issues (1-2 hours)

- Homework struggles
- Parent or caregiver/teacher/student triad
- Bullying and shunning behavior
- Sexual harassment
- Truancy

Raising a Responsible Child (1-2 hours)

- Impact of friends, school, media and technology on families
- Establishing family values
- Helping children learn right from wrong
- Helping children use money responsibly (saving vs. spending/allowance/chores)
- Definition of responsible children in different cultures/generations

Identification of Community Resources (1-2 hours)

- Developing a network of support
- Access to resources through schools
- Mental health professionals
- Supervised community activities for children and adolescents
- Mentors

Total hours= 12- 32 Hours**Additional Information****Repeatability**

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No

What term(s) will this course be offered?

Fall/Winter/Spring/Summer

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value