

Glendale College

Course Outline of Record Report

Course ID 000235
Cyclical Review - May 2025

PARED31 : Three- and Four-Year-Olds Care and Observation

General Information

Author:	<ul style="list-style-type: none"> • Kimberli Perner • Flynn, Barbara • Dilucchio, Jane
Course Code (CB01) :	PARED31
Course Title (CB02) :	Three- and Four-Year-Olds Care and Observation
Department:	PARED
Proposal Start:	Winter 2026
TOP Code (CB03) :	(1305.60) Parenting and Family Education
CIP Code:	(19.0707) Family and Community Services.
SAM Code (CB09) :	D - Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000657808
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	PARED 31 is an introduction to parenting, caregiving, and an exploration of child growth and development through observation and interaction with three- and four-year-old children. Students gain a basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, effective communication, behavior management, and positive guidance. Caregivers and parents may attend class with one or more children of the designated age. Lecture 18-48 hours. Note: This course is Pass/ No Pass only.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> • Noncredit
Mode of Delivery:	<ul style="list-style-type: none"> • In-Person • Remote • Hybrid
Author:	<ul style="list-style-type: none"> • Kimberli Perner • Flynn, Barbara
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> • Parent Education: Non-Credit
Alternate Discipline:	No value
Alternate Discipline:	No value

Last Course Offering

When was this course last offered (term and year)?

Spring 2025

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact) Hours	18 - 48
Total Course Out-of-Class Hours	0 - 0
Total Student Learning Hours	18 - 48

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Parenting.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Funding Agency Category (CB23)

Non-Enhanced Funding.

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	18 - 48	0
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54
Course In-Class (Contact) Hours	
Lecture	18 - 48
Laboratory	0
Studio	0
Total	18 - 48
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

Students should expect to spend approximately three hours each week engaging with the course materials and live sessions. Additional out of class hours completing observations will be encouraged.

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

Requisite Validation**Upload Statistical Validation and/or other documents (if necessary)**

No Value

Specifications**Methods of Instruction**

Methods of Instruction

Demonstrations

Methods of Instruction

Discussion

Methods of Instruction

Field Activities (Trips)

Methods of Instruction

Independent Study

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Multimedia

Methods of Instruction

Guest Speakers

Out of Class Assignments

- Planning an age-appropriate creative activity
- Planning an age-appropriate nutritious snack
- Documenting developmental observations

Methods of Evaluation

Rationale

Activity (answering journal prompt, group activity)	group discussions
Activity (answering journal prompt, group activity)	student demonstrations (e.g. age appropriate creative activity)
Activity (answering journal prompt, group activity)	student demonstrations (e.g. age appropriate nutritious snack)
Activity (answering journal prompt, group activity)	observation worksheets

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description Instructor generated materials designed to enhance student understanding of course content related to three and four-year-old development and care.

Author No value

Citation No value

Online Resource(s) No value

Description Duplicated articles from books and periodicals with copyright permission.

Author No value

Citation No value

Online Resource(s) No value

Learning Outcomes

Course Objectives

Observe and record the three- or four-year-old child's development in an educationally-enriched environment.

Examine existing parent education and child development theories.

Develop and practice effective parenting, caregiving, and decision-making skills.

Utilize self-reflection to examine typical caregiver-child situations and how to cope with them.

Identify community resources and support network.

Discuss a variety of discipline practices, especially identifying the difference between discipline and punishment.

Examine the pros and cons of various toilet training techniques.

Examine, without bias, cultural differences and influences on childcare practices.

Differentiate characteristics of typical and atypical development.

SLOs

Practice age-appropriate behavior management techniques.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core ILOs

PARED Examine and apply principles of effective parenting and child development within their own families.
 Core PLOs

Identify age-specific social, emotional, physical, or cognitive developmental characteristics.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core ILOs

PARED Examine and apply principles of effective parenting and child development within their own families.
Core
PLOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction and Orientation (1-3 hours)

- Course orientation with emphasis on valuing diverse parenting approaches
- Philosophy, goals, and objectives
- Class organization
- Supervision and safety in the indoor and outdoor classrooms
- Class assistant's duties and responsibilities
- Values and uses of various equipment, materials, and library books
- Introduction to the student association (GCPEA)
- Responsibilities of participation in the class
- Observation and recording
- Observing as a method of inquiry
- Types of recording worksheets
- Evaluation and use of Observation Records

Principles of Child Growth and Development (5-17 hours)

- Characteristics of children in specific age groups
- Temperament and individual differences
- Interrelation of developmental factors
- Cultural variations in developmental milestones and expectations
- Physical development
- Cognitive development
- Screen time
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development

- Importance of play for optimal development
- Attitudes and method to promote sharing and delayed gratification
- Aggressive behaviors in early childhood
- Parent's/caregiver's role in facilitating learning experiences
- Overview of child development theories
- How theory affects child rearing practice

Dynamics of Family Interaction (1-3 hours)

- Myths and realities of parenthood
 - Different cultural models of family structure
- Adjusting to parenthood
- Stages of parent development
- Changing family patterns
- Family relations
- Navigating multicultural identities

Discipline and Setting Limits (5-10 hours)

- Definition of discipline vs. punishment
- Purpose and consistency
- Parental and caregiver attitudes and historical and cultural influences
- Adapting discipline strategies for children with different needs
- Age-appropriate techniques
- Sleep issues
- Definition, recognition, and prevention of child abuse/domestic violence
- Cultural approaches and perspectives to behavior management
- Transition between school, home, and child care behavior expectations
- Fostering responsibility

Dealing with Life Events (2-6 hours)

- Birth, reproduction, sexuality
- Effects of death, grief, serious illness, and loss on family/child development
- Divorce and single parenting, remarriage and blended families
- Employment issues (returning to work/job loss)
- Cultural perspectives on work-life balance
- Evaluating childcare options
- Preparation for preschool or Kindergarten
- Exploring school options
- Homeschooling strategies

Health and Nutrition (2-5 hours)

- Childhood illness/immunizations
- Cultural food practices, nutrition, and eating behaviors within diverse families
- Promotion of health and hygiene
- Toilet training techniques and issues
- Mental health
- Community resources for healthy families

Safety (2-4 hours)

- Home and community safety
- Automobile safety
- Preschool/Kindergarten/early elementary school safety issues
- Accident and poison prevention
- Disaster preparedness
- Accessibility considerations for all families

Total Hours=18-48

Laboratory/Studio Content

No value

Additional Information**Repeatability**

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

What term(s) will this course be offered?

Fall/Winter/Spring/Summer

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value