

Glendale College Course Outline of Record Report

Course ID 000229
Cyclical Review - May 2025

PARED12 : Toddler Care and Observation 1

General Information

Author:	<ul style="list-style-type: none"> • Kimberli Perner • Flynn, Barbara • Dilucchio, Jane
Course Code (CB01) :	PARED12
Course Title (CB02) :	Toddler Care and Observation 1
Department:	PARED
Proposal Start:	Winter 2026
TOP Code (CB03) :	(1305.60) Parenting and Family Education
CIP Code:	(19.0707) Family and Community Services.
SAM Code (CB09) :	D - Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000657802
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	<p>PARED 12 is an introduction to caregiving and an exploration of child growth and development of children 17-23 months of age. Through observation and interaction, students gain basic knowledge of developmental theories, the physical, cognitive, social, and emotional stages of development, effective communication, behavior management, and positive guidance. Caregivers/parents may attend class with one or more children of the designated age. Lecture 12-32 hours. Note: This course is Pass/No pass only.</p>
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> • Noncredit
Mode of Delivery:	<ul style="list-style-type: none"> • In-Person • Remote • Hybrid
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> • Parent Education: Non-Credit
Alternate Discipline:	No value
Alternate Discipline:	No value

Last Course Offering

When was this course last offered (term and year)?

Spring 2025

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07) 0

Maximum Credit Units (CB06) 0

Total Course In-Class (Contact) Hours 12 - 32

Total Course Out-of-Class Hours 0 - 0

Total Student Learning Hours 12 - 32

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Parenting.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Non-Enhanced Funding.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	12 - 32	0
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	54
Course In-Class (Contact) Hours	
Lecture	12 - 32
Laboratory	0
Studio	0
Total	12 - 32
Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

Students should expect to spend two hours each week engaging with the course content in synchronous or asynchronous sessions. Additional hours practicing skills and observations are encouraged.

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Discussion

Methods of Instruction Demonstrations

Methods of Instruction Field Activities (Trips)

Methods of Instruction Laboratory

Methods of Instruction Multimedia

Methods of Instruction Independent Study

Methods of Instruction Guest Speakers

Out of Class Assignments

- Planning an age-appropriate creative activity

- Planning an age-appropriate nutritious snack
- Documenting developmental observations

Methods of Evaluation

Rationale

Activity (answering journal prompt, group activity)

Group discussions

Activity (answering journal prompt, group activity)

Observation worksheets

Activity (answering journal prompt, group activity)

Student demonstrations (e.g. age-appropriate creative activity)

Activity (answering journal prompt, group activity)

Student demonstrations (e.g. age-appropriate nutritious snack).

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	Instructor generated materials designed to enhance student understanding of course.
Author	No value
Citation	No value
Online Resource(s)	No value

Description	Duplicated articles from books, and periodicals with copyright permission
Author	No value
Citation	No value
Online Resource(s)	No value

Learning Outcomes

Course Objectives

Observe and record toddler development in an educationally-enriched environment.

Examine existing parent education and child development theories.

Develop and practice effective parenting and decision making skills.

Utilize self-reflection to examine typical parent or caregiver-child situations and how to cope with them.

Discuss a variety of behavior management practices, especially identifying the difference between discipline and punishment.

Examine toilet training techniques and issues.

Differentiate characteristics of typical and atypical development.

Identify community resources and support networks.

Examine, without bias, cultural differences and influences on childcare practices.

SLOs

Identify age-specific social, emotional, and cognitive developmental characteristics.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core ILOs

PARED Examine and apply principles of effective parenting and child development within their own families.
 Core
 PLOs

Demonstrate age-appropriate behavior management techniques.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
 Core ILOs

PARED Examine and apply principles of effective parenting and child development within their own families.
 Core
 PLOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction and Orientation: (1-3 hours)

- Course orientation with emphasis on valuing diverse parenting approaches
- Philosophy, goals, and objectives
- Class organization
- Supervision and safety on campus
- Class Assistant's duties and responsibilities
- Values and uses of various equipment, materials, and library books
- Introduction to the student association (GCPEA)
- Responsibilities of participation in the class
- Observation and recording
- Observing as a method of inquiry
- Types of recording worksheets
- Evaluation and use of Observation Records

Principles of Child Growth and Development: (3-10 hours)

- Characteristics of children in specific age groups
- Temperament and individual differences
- Interrelation of developmental factors
- Cultural variations in developmental milestones and expectations
- Physical development
- Emotional development
- Identification of feelings
- Development of empathy
- Attachment and bonding
- Fears and anxieties
- Social development
- Importance of play
- Attitudes and methods to promote sharing and delayed gratification
- Aggressive behaviors in early childhood
- Cognitive development
- Screen time
- Caregiver's and parent's role in facilitating learning experiences
- Overview of child development theories
- How theory affects child rearing practice

Dynamics of Family Interaction: (1-2 hours)

- Myths and realities of parenthood
 - Different cultural models of family structure
- Adjusting to parenthood
- Stages of parent development
- Changing family patterns
- Family relations
- Navigating multicultural identities

Discipline and Setting Limits: (3 -5 hours)

- Definition of discipline vs. punishment
- Purpose and consistency
- Caregiver and parent attitudes and historical and cultural influences
- Adapting discipline strategies for children with different needs
- Age-appropriate behavior management techniques
- Sleep Issues
- Definition, recognition, and prevention of child abuse/domestic violence
- Cultural approaches and perspectives to behavior management

Dealing with Life Events: (1-5 hours)

- Birth, reproduction, sexuality
- Effect of serious illness, death, grief, and loss on family and child development
- Divorce, single parenting, remarriage, and blended families
- Employment issues (returning to work/job loss)
- Cultural perspectives on work-life balance
- Evaluating childcare options

Health and Nutrition: (1-4 hours)

- Childhood illness/immunizations
- Promotion of health and hygiene
- Cultural food practices, nutrition, and eating behaviors within diverse families
- Mental health
- Toilet training techniques and issues
- Community resources for healthy families

Safety: (2-3 hours)

- Home and community safety
- Automobile safety
- Accident and poison prevention
- Disaster preparedness
- Accessibility considerations for all families

Total Hours = 12-32**Additional Information****Repeatability**

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No

What term(s) will this course be offered?

Fall/Winter/Spring/Summer

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value