

STV221 : Certified Nursing Aide - Clinical

General Information

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Course Code (CB01) :	STV221
Course Title (CB02) :	Certified Nursing Aide - Clinical
Department:	STV
Proposal Start:	Fall 2025
TOP Code (CB03) :	(1230.30) Certified Nurse Assistant*
CIP Code:	(51.3902) Nursing Assistant/Aide and Patient Care Assistant/Aide.
SAM Code (CB09) :	C - Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000653727
Curriculum Committee Approval Date:	05/28/2025
Board of Trustees Approval Date:	07/08/2025
Last Cyclical Review Date:	05/28/2025
Course Description and Course Note:	STV 221 is the clinical practice component of the Certified Nursing Aide program, focusing on direct client care, comfort measures, lab specimen collection, and the recording and reporting of data to licensed personnel. Students engage with principles of critical thinking, team building, ethics, caring, and cultural sensitivity, which are integrated throughout the course. Laboratory 128 hours. Note: Students must have their fingerprints taken and pass a physical exam. Note: This course is held in a skilled nursing facility. Note: This course is Pass/No pass only.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none">Noncredit
Mode of Delivery:	<ul style="list-style-type: none">In-Person
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Health Care Ancillaries (Medical assisting, hospice worker, home care aide, certified nurse aide, health aide, ward clerk, central service technology, childbirth educator, primary care associate, massage therapy)
Alternate Discipline:	No value
Alternate Discipline:	No value

File Upload

File Upload

No Value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Pass / No-Pass Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Not transferable

Transferability Status

Not transferable

Units and Hours

Summary

Minimum Credit Units (CB07)	0
Maximum Credit Units (CB06)	0
Total Course In-Class (Contact) Hours	128
Total Course Out-of-Class Hours	0
Total Student Learning Hours	128

Credit / Non-Credit Options

Course Type (CB04)

Non-Credit

Noncredit Course Category (CB22)

Health and Safety.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Workforce Preparation Enhanced Funding.

Funding Agency Category (CB23)

This course was partially developed using Economic Development funds.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	128	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks) 18

Hours per unit divisor 54

Course In-Class (Contact) Hours

Lecture 0

Laboratory 128

Studio 0

Total 128

Course Out-of-Class Hours

Lecture 0

Laboratory 0

Studio 0

Total 0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Prerequisite

STV220 - Certified Nursing Aide - Theory

Objectives

- Communicate and interact therapeutically with residents and their families, with sensitivity to the physical, social, and mental needs of patients.
- Assist patients in attaining maximum functional independence.
- Protect, support and promote the rights of patients.
- Demonstrate skill in observing, reporting and documentation.
- Function effectively as a member of the health care team.
- Apply the principles of infection control specific to nursing assisting.

Entry Standards

Entry Standards

Description

No value

No value

Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

Methods of Instruction

Demonstrations

Methods of Instruction

Laboratory

Methods of Instruction

Tutorial

Out of Class Assignments

N/A

Methods of Evaluation

Rationale

Other

Clinical skills checklist

Evaluation

Clinical nursing supervisor evaluation of performance

Textbook Rationale

No additional texts are need for this course. Instructor demonstrations.

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

No Value

Learning Outcomes

Course Objectives

Explain hygiene techniques to help patients avoid infection or sepsis.

Successfully and collegially assist nurses with clinical procedures such as measuring vital signs.

Demonstrate compassionate and professional communication skills with patients and colleagues.

SLOs

Demonstrate competency in caring for patients in a skilled nursing facility. Expected Outcome Performance: 70.0

Communicate clearly and respectfully to patients. Expected Outcome Performance: 70.0

Demonstrate mastery of hands-on skills in terms of patient care both as an individual and a team member. Expected Outcome Performance: 70.0

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Laboratory/Studio Content

Residents Rights (1 hour)

- Title 22 Health and Safety Code
- Code of Federal Regulations regarding
- Nurse Aide Training and Competency Evaluation
- Ombudsman
- CNA's role in monitoring patient/residents' rights
- Patient/residents' rights for security, belonging, self-esteem, and privacy

Prevention and Management of Catastrophe and Unusual Occurrences (1 hour)

- Emergency Care Procedures
- General safety rules
- Fire and disaster plans
- Roles and procedures for C.N.A.
- Patient Safety

Body Mechanics (4 hours)

- Basic body mechanics
- Transfer techniques
- Ambulation techniques
- Proper body mechanics/positioning techniques

Medical and Surgical Asepsis (8 hours)

- Body's lines of defense
- Microorganisms
- Universal precautions
- Principles of asepsis

Weights and Measures (1 hour)

- Metric system
- Weight, length, and liquid volume measurements
- Military time, i.e., a 24-hour clock

Patient Care Skills (40 hours)

- Bathing/medicinal baths
- Dressing
- Oral Hygiene
- Hair care, shampoo, medicinal shampoo, nail care, shaving
- Prosthetic devices
- Skin care/decubitus ulcers
- Elimination needs
- Bowel and bladder retraining
- Weighing/measuring the patient

Patient Care Procedures (20 hours)

- Compassionate, professional, and culturally aware communication skills with patients.

- Collection of specimens: stool, urine, and sputum
- Care of patient with tubing: gastric, oxygen, urinary, IV. This care does not include inserting, suctioning, or changing the tubes.
- Intake and output
- Bed making
- Cleansing enemas, laxative suppositories
- Admission, transfer, discharge
- Bandages, non-sterile dry dressing application of non-legend topical ointments to intact skin

Vital Signs (6 hours)

- Purpose of vital signs
- Factors affecting vital signs
- Normal ranges
- Methods of measurement
- Temperature, pulse, respiration
- Blood pressure
- Abnormalities
- Recording

Nutrition (6 hours)

- Proper nutrition
- Feeding technique
- Diet therapy
- Modification of diet due to culture and religion
- Alternative ways to administer nutrients

Emergency Procedures (1 hour)

- Signs and symptoms of distress
- Immediate and temporary intervention
- Emergency codes

Long-term Care Resident (4 hours)

- Needs of persons with retardation, Alzheimer's, cerebral palsy, epilepsy, dementia, mental illness
- Body systems and organs
- Physical and behavioral needs and changes
- Community resources available
- Psychological, social, and recreational needs
- Common diseases/disorders, including signs and symptoms

Rehabilitative Nursing (4 hours)

- Promoting patient potential and goals to independence
- Devices and equipment
- Activities of Daily Living (ADLs)
- Family interactions
- Complications of inactivity
- Ambulation
- Range of Motion (ROM)

Observation and Charting (4 hours)

- Observation of patients and reporting responsibilities
- Patient care plan
- Patient care documentation
- Legal issues of charting
- Medical terminology and abbreviations

Review and Make-up (28 hours)

Total Hours: 128

Additional Information

Repeatability

Repeatable

Justification (if repeatable was chosen above)

Non-credit courses

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

What term(s) will this course be offered?

Fall/Spring

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value