

PSYC105 : Human Sexuality

General Information

Author:	<ul style="list-style-type: none">Nancy Traynor
Course Code (CB01) :	PSYC105
Course Title (CB02) :	Human Sexuality
Department:	PSYCH
Proposal Start:	Fall 2025
TOP Code (CB03) :	(2001.00) Psychology, General
CIP Code:	(42.0101) Psychology, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000338678
Curriculum Committee Approval Date:	04/10/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	04/10/2024
Course Description and Course Note:	PSYC 105 examines human sexuality from psychological, biological, sociocultural, and historical perspectives. Topics may include sex research, sexual anatomy and physiology, sexual arousal and response, sexual behaviors, and sexual communication and consent. The influence of culture and social values will be explored along with contraception and pregnancy, sexually transmitted infections, the nature and origins of sexual difficulties, and sex therapy.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Psychology
Alternate Discipline:	No value
Alternate Discipline:	No value

File Upload

File Upload

No Value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

Area

Lifelong Learning and Self-Development

Status

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

D-Social Sciences

Social Sciences

Approved

08/28/2023

IGETC Area

4-Social Sciences

Area

Social Sciences

Status

Approved

Approval Date

08/28/2023

Comparable Course

No Comparable Course defined.

C-ID

PSY

Area

Psychology

Status

Approved

Approval Date

08/28/2023

Comparable Course

PSY 130 - Introduction to Human Sexuality

Units and Hours

Summary

Minimum Credit Units (CB07) 3

Maximum Credit Units (CB06) 3

Total Course In-Class (Contact Hours) 54

Total Course Out-of-Class Hours 108

Total Student Learning Hours 162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Advisory

ENGLC1000 - Academic Reading and Writing (in-development)

Objectives

- Read, analyze, and evaluate a variety of primarily non-fiction readings for content, context, and rhetorical merit with consideration of tone, audience, and purpose.
- Apply a variety of rhetorical strategies in writing unified, well-organized essays directed by a well-reasoned thesis statement with persuasive support.
- Develop varied and flexible strategies for generating, drafting, and revising essays.
- Analyze stylistic choices in their own writing and the writing of others.
- Write timed, in-class essays exhibiting acceptable college-level control of mechanics, organization, development, and coherence.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- Find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.

Entry Standards

Entry Standards	Description
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No value	No value
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Course Limitations

Cross Listed or Equivalent Course	Description
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No value	No value
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Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

Methods of Instruction	Lecture
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Methods of Instruction	Collaborative Learning
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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<p>Out of Class Assignments</p> <ul style="list-style-type: none"> • Research papers (e.g. writing a five-page essay on a topic of the student's choice with a minimum of 3 outside sources and relevant course content) • Individual and group projects (e.g. informational poster presentations of different types of STIs)
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Methods of Evaluation	Rationale
Exam/Quiz/Test	Three to five one-hour in class examinations
In-Class Activity (answering journal prompt, group activity)	Peer review or critique of student work
Presentation (group or individual)	Instructor evaluation of in-class presentations
Activity (answering journal prompt, group activity)	Collaborative learning after watching multimedia in class

<p>Textbook Rationale</p> <p>No Value</p>
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Textbooks				
Author	Title	Publisher	Date	ISBN
Hyde, Janet and John DeLamater	Understanding Human Sexuality	McGraw Hill Education	2023	9781264296774

<p>Other Instructional Materials (i.e. OER, handouts)</p> <p>No Value</p>
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<p>Learning Outcomes</p> <p>Course Objectives</p> <p>Explain sexual diversity and values of various cultures.</p>

Evaluate how media influences and reflects sexuality.

Locate systematic studies of human sexuality.

SLOs

Use appropriate vocabulary for the discussion of sexuality.

Expected Outcome Performance: 70.0

SOC S
Social Justice: Gender
Studies

Articulate connections between global, regional, and local issues pertinent to the study of gender and sexuality.

ILOs
Core ILOs

Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.

ILOs
General Education

recall, analyze, and synthesize theories and real-world issues and topics related to social, political, and/or economic institutions

Describe the physiological, psychological, and cultural aspects of sexual expression.

Expected Outcome Performance: 70.0

ILOs
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

SOC S
Social Justice: Gender
Studies

Articulate connections between global, regional, and local issues pertinent to the study of gender and sexuality.

Knowledge and skills to critically examine individual experiences, social institutions, and historical perspectives through the lens of gender and sexuality

PSYCH
Psychology - AA-T

Communicate how genetics and environmental factors interact to affect behaviors. Students will be able to critically analyze research articles.

SOC S
Social Sciences

Demonstrate critical thinking skills and a basic understanding of the complex interrelationships between human kind and the biophysical environment

Developed a broad and critical understanding of the complex interconnections between the human and environmental forces in their world

ILOs
General Education

recall, analyze, and synthesize theories and real-world issues and topics related to social, political, and/or economic institutions

Explain the historical development of our cultural attitudes toward sexual expression.

Expected Outcome Performance: 70.0

ILOs
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

SOC S
Social Justice: Gender
Studies

Articulate connections between global, regional, and local issues pertinent to the study of gender and sexuality.

Knowledge and skills to critically examine individual experiences, social institutions, and historical perspectives through the lens of gender and sexuality

PSYCH
Psychology - AA-T

Communicate how genetics and environmental factors interact to affect behaviors. Students will be able to critically analyze research articles.

SOC S
Social Sciences

Demonstrate critical thinking skills and a basic understanding of the complex interrelationships between human kind and the biophysical environment

Developed a broad and critical understanding of the complex interconnections between the human and environmental forces in their world

ILOs
General Education

apply methodologies used by social and behavioral scientists

recall, analyze, and synthesize theories and real-world issues and topics related to social, political, and/or economic institutions

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Perspectives on Sexuality: Cultural and Social Values (4 hours)

- Cross-cultural comparisons of sexual behavior
- Historical comparisons of sexual attitudes and behavior
- Impacts of sociocultural values on sexual behaviors of the individual

Sex Research (4 hours)

- Important researchers in the field of human sexuality
- Types of sexual research and methods commonly used
- Overview of the breadth and depth of topics addressed in sex research

Gender Issues (3 hours)

- Biological aspects of sex and intersex development
- Cultural and social aspects of gender roles
- Gender identity and gender variation

Female Sexual Anatomy and Physiology (4 hours)

- Internal and external structures
- Hormones and the endocrine system
- Menstrual cycle
- Psychological responses to anatomy and anatomical differences

Male Sexual Anatomy and Physiology (3 hours)

- Internal and external structures
- Hormones and the endocrine system
- Psychological responses to anatomy and anatomical differences

Sexual Arousal and Response (4 hours)

- Physiological processes related to sexual arousal and orgasm
- Research and theories of sexual response, including Master's & Johnson, Kaplan, Bancroft & Janssen, and Basson
- Sociocultural and psychological facts of the orgasm gap

Sexual Orientation (3 hours)

- Theories of attraction

- Social and cultural construction of the concepts of sexual orientation
- Experiences of LGBTQIA+ individuals

Sexuality Throughout Lifespan (4 hours)

- Life-span sexual development from infancy to old age
- How to talk to kids about sex and sex education
- Sex & disability

Love, Attraction, Relationships, and Sexual Communication (4 hours)

- Theories of attraction, love, and commitment
- Relationship Styles (monogamous, consensual nonmonogamy)
- Elements of effective and ineffective sexual communication

Contraception, Conception, and Childbirth (3)

- Conception and implantation
- Different methods of contraception and the efficacy
- Abortion
- Stages of pregnancy

Sexual Behaviors (4 hours)

- Masturbation
- Partnered sex positions and types, including vaginal, anal, and oral sex
- Use of sexual aids

Sexually Transmitted Infections (3 hours)

- Causes and prevention
- Symptoms, treatments, testing options
- Sociocultural and psychological effects of stigma

Nature and Origins of Sexual Difficulties and Sex Therapy (4 hours)

- Sexual dysfunctions and biopsychosocial causes
- Therapy types and techniques
- Sociocultural and psychological effects of stigma

Atypical Variations (3 hours)

- Common fetishes and paraphilias
- Psychological origins of kinks and fetishes
- BDSM and the kink spectrum

Sexual Coercion and Commercial Sex (4 hours)

- Definitions and characteristics of sex workers and customers
- Legality of sex work
- Pornography and it's effects
- Sex trafficking
- Sexual assault and rape

Total hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value