

## ATHPE120 : Intercollegiate Women's Golf

### General Information

Author:	<ul style="list-style-type: none"><li>Erin Calderone</li></ul>
Course Code (CB01) :	ATHPE120
Course Title (CB02) :	Intercollegiate Women's Golf
Department:	ATHPE
Proposal Start:	Fall 2025
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
CIP Code:	(31.0501) Sports, Kinesiology and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574946
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	ATHPE 120 is an advanced course designed for students who plan to compete at the collegiate level in the sport of women's golf. This course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Student-athletes are required to meet the standards of the California Community College Athletic Association (CCCAA) eligibility guidelines and decorum policies. Note: ATHPE 120 is designed for the intercollegiate women's golf team. May be taken 4 times for credit. Each student-athlete must provide their own golf clubs.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	<ul style="list-style-type: none"><li>In-Person</li></ul>
Author:	No value
Course Family:	Golf

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Coaching</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade with Pass / No-Pass Option

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Pending

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	2.5
<b>Maximum Credit Units (CB06)</b>	2.5
<b>Total Course In-Class (Contact) Hours</b>	81
<b>Total Course Out-of-Class Hours</b>	54
<b>Total Student Learning Hours</b>	135

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1.5	3
Laboratory Hours	3	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	27

Laboratory	54
Studio	0
<b>Total</b>	<b>81</b>

**Course Out-of-Class Hours**

Lecture	54
Laboratory	0
Studio	0
<b>Total</b>	<b>54</b>

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

No Value

**Entry Standards**

Entry Standards	Description
Apply a variety of skills appropriate for intercollegiate golf.	No Value
Integrate National Collegiate Athletic Association (NCAA) and CCCAA decorum policies into weekly competition.	No Value
Display cardiovascular health, muscular strength and endurance.	No Value
Utilize verbal communication necessary for collegiate competition.	No Value

Demonstrate how to apply workable solutions within a team environment.

No Value

## Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

## Specifications

### Methods of Instruction

Methods of Instruction

Demonstrations

Methods of Instruction

Collaborative Learning

Methods of Instruction

Laboratory

Methods of Instruction

Multimedia

### Out of Class Assignments

- Game evaluation (e.g. written evaluations regarding positive and negative performances with player feedback)
- Goal setting (e.g. written re-evaluation of goal performance every week)
- Game analysis (e.g. written summary and review of game film both team and individual)

### Methods of Evaluation

### Rationale

Exam/Quiz/Test

Written play exams (e.g. diagram test for strategy)

Activity (answering journal prompt, group activity)

Demonstration evaluations (e.g. distance of long drives)

Writing Assignment

Video movement analysis

Other

Weekly competition

### Textbook Rationale

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
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**Other Instructional Materials (i.e. OER, handouts)**

Description	Local Rules and Terms of the Competition for NCAA Women's Golf Tournaments
Author	National Collegiate Athletics Association
Citation	2024
Online Resource(s)	<a href="https://ncaaorg.s3.amazonaws.com/championships/sports/golf/d1/women/2023-24D1WGO_SpringHardCard.pdf">https://ncaaorg.s3.amazonaws.com/championships/sports/golf/d1/women/2023-24D1WGO_SpringHardCard.pdf</a>

Description	USGA Rules of Golf
Author	United States Golf Association
Citation	No value
Online Resource(s)	<a href="https://www.usga.org/rules-hub.html">https://www.usga.org/rules-hub.html</a>

**Learning Outcomes****Course Objectives**

Identify and analyze concepts and strategies of individual and team personnel through film analysis and simulated game situations.

Demonstrate collegiate level swing motion, putting, chipping, and etiquette.

Recognize the role of nutrition in athletic performance.

Demonstrate and apply practical and general knowledge of the game of golf and its rules.

Integrate conditioning into daily practices.

Demonstrate the ability to work with a team as a unit and develop team concepts.

**SLOs**

Perform fundamental mechanics for effective performance in the sport of golf.

Expected Outcome Performance: 70.0

Demonstrate and apply technical and tactical skills necessary for collegiate competition.

Expected Outcome Performance: 70.0

Integrate cooperative skills needed to perform at a high level of play.

Expected Outcome Performance: 70.0

Demonstrate and apply safety rules and procedures to effectively participate in a physical activity environment.

Expected Outcome Performance: 70.0

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### **Team Philosophies and Rules (8 hours)**

- Sportsmanship
- Team rules
- Individual/team goal setting
- NCAA Association rules
- CCCAA decorum
- United States Golf Association (USGA)
- Training room policies for treatment

#### **Safety for Women's Golf (4 hours)**

- Exercises for injury prevention
- Proper warm-up
- Proper cool-down

#### **Understanding Team Dynamics (7 hours)**

- Creating a positive team environment
- Effective communication under stress

#### **Nutrition for the Competitive Athlete (7 hours)**

- Eating balanced meals
- Carbohydrate and protein combinations
- Packing smart snacks
- Supplements: Good or bad
- Hydration

#### **Definitions of Diversity, Inclusion, Inequality and Discrimination in Sports Competition (1 hour)**

- Gender
- Race/ethnicity
- Sexuality

- Religion

**Total hours - 27**

### Laboratory/Studio Content

#### Fundamental Conditioning for Women's Golf (10 hours)

- Agility
- Coordination
- Specific muscle group development
- Muscular and cardiovascular endurance
- Flexibility
- Core training

#### Fundamental Skills and Strategies in Intercollegiate Women's Golf (44 hours)

- Swing fundamentals
  - Driving
  - Long distance shots
  - Short, middle, and long putting
  - Chipping
  - Sandshots
- Club choices
  - Wedges
  - Putters
  - Short irons
  - Middle irons
  - Long irons
  - Woods
- Fundamental body mechanics
  - Stance
  - Foot positioning
  - Hip angle
- Golf etiquette
  - Speed of play
  - Putting order
  - Driving orders
- Competitive strategy
  - Course variations
  - Weather conditions
- Mental skills
  - Mental offense
  - Mental defense

**Total hours - 54**

### Additional Information

#### Repeatability

Repeatable

#### Justification (if repeatable was chosen above)

Intercollegiate athletics (must have ATHPE prefix and intercollegiate TOP code of 0835.50)

#### Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value

## Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value