

AD ST111 : Family Dynamics And Addiction

General Information

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|---|---|
| Author: | <ul style="list-style-type: none">Benjamin Salazar |
| Course Code (CB01) : | AD ST111 |
| Course Title (CB02) : | Family Dynamics And Addiction |
| Department: | AD ST |
| Proposal Start: | Fall 2024 |
| TOP Code (CB03) : | (2104.40) Alcohol and Controlled Substances |
| CIP Code: | (51.1501) Substance Abuse/Addiction Counseling. |
| SAM Code (CB09) : | Clearly Occupational |
| Distance Education Approved: | Yes |
| Will this course be taught asynchronously?: | No |
| Course Control Number (CB00) : | CCC000320501 |
| Curriculum Committee Approval Date: | 05/08/2024 |
| Board of Trustees Approval Date: | 06/18/2024 |
| Last Cyclical Review Date: | 05/08/2024 |
| Course Description and Course Note: | ADST111 introduces the student to the individual and group dynamics present within the family in which chemical dependency exists. Family systems and personality theories are presented and applied to the treatment of the family as a unit. The theoretical and practical aspects of counseling are presented and cover the active phases of addiction and early stages of recovery. |
| Justification: | Mandatory Revision |
| Academic Career: | <ul style="list-style-type: none">Credit |
| Author: | <ul style="list-style-type: none">Benjamin Salazar |

Academic Senate Discipline

| | |
|-----------------------|---|
| Primary Discipline: | <ul style="list-style-type: none">Addiction Paraprofessional Training |
| Alternate Discipline: | No value |
| Alternate Discipline: | No value |

Course Development

| | | |
|--|--|--|
| Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge | Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable. | Grading Basis <ul style="list-style-type: none">Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course |
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Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

| C-ID | Area | Status | Approval Date | Comparable Course |
|------|-------------------|----------|---------------|----------------------------------|
| ADS | Addiction Studies | Approved | No value | ADS 180 X - Family and Addiction |

Units and Hours

Summary

| | |
|--|-----|
| Minimum Credit Units (CB07) | 3 |
| Maximum Credit Units (CB06) | 3 |
| Total Course In-Class (Contact) Hours | 54 |
| Total Course Out-of-Class Hours | 108 |
| Total Student Learning Hours | 162 |

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

| | In Class | Out of Class |
|------------------|----------|--------------|
| Lecture Hours | 3 | 6 |
| Laboratory Hours | 0 | 0 |
| Studio Hours | 0 | 0 |

Course Student Hours

| | |
|--|-----|
| Course Duration (Weeks) | 18 |
| Hours per unit divisor | 54 |
| Course In-Class (Contact) Hours | |
| Lecture | 54 |
| Laboratory | 0 |
| Studio | 0 |
| Total | 54 |
| Course Out-of-Class Hours | |
| Lecture | 108 |

| | |
|--------------|-----|
| Laboratory | 0 |
| Studio | 0 |
| Total | 108 |

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

| Activity Name | Type | In Class | Out of Class |
|---------------|----------|----------|--------------|
| No Value | No Value | No Value | No Value |

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Co-Requisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

(AD ST 101 may be taken concurrently)

OR

Prerequisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

Objectives

- Compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency.
- Distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

AND

Prerequisite

AD ST103 - Chemical Dependency: Intervention, Treatment, And Recovery (in-development)

Objectives

- Distinguish between rudimentary skills in crisis intervention techniques, interpersonal communications, and problem solving with specific application to the alcoholic/addict and the chemically dependent family.

OR

Co-Requisite

AD ST103 - Chemical Dependency: Intervention, Treatment, And Recovery (in-development)

(AD ST 103 may be taken concurrently)

AND

Advisory

PSYCH101 - General Psychology

Objectives

- Demonstrate familiarity with the major concepts, theoretical perspectives, research methods, core empirical findings, and historic trends in psychology.

Out of Class Assignments

- Written assignments (e.g. family case study on a chemical dependency issue)
- Term paper (e.g. applying a counseling theory with a therapeutic model)

Methods of Evaluation

Other

Exam/Quiz/Test

Exam/Quiz/Test

Rationale

Class participation

Quizzes

Midterm and final examination

Textbook Rationale

Per Aisha's guidance, the textbook has been updated to 2020 edition.

Textbooks

Author

Title

Publisher

Date

ISBN

United States. Dept. of Health
and Human Services

Substance Abuse Treatment
and Family Therapy Series 39

Substance Abuse
and Mental
Health Services
Administration

2020

Publication No.
(SMS) 02-3750

Other Instructional Materials (i.e. OER, handouts)

Description

Author

Citation

Online Resource(s)

The Family Crucible: The Intense Experience of Family Therapy

Napier, Augustus

No value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Identify and apply techniques and tools used in assessing the effects of alcohol/drug dependency on the family unit.

Summarize current theories as applied to the treatment of the chemically dependent family.

Describe interpersonal skills and counseling techniques applicable to the treatment of the chemically dependent family.

Discuss the skills required in case management for the chemically dependent family.

SLOs

Assess and interpret dynamics of early intervention process and techniques.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Identify and label effects of alcohol/drug dependency on the family unit.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or
Core methodologies to solve unique problems.
ILOs

Describe interpersonal skills, and counseling techniques applicable to family systems.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or
Core methodologies to solve unique problems.
ILOs

Critique and define skills required in case management for the chemical dependent family.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Conceptual Framework (12 hours)

- Old myths and new insights
- Whole person model and other contemporary models
- Anatomy of a family

The Family Disease (12 hours)

- Addiction spiral
- Family rules and roles
- Adult children of alcoholics Techniques and theories of family counseling

- Family group functions
- Family case management
- Counselor transference vs. countertransference

The Family Treatment Plan (14 hours)

- Intervention
- Continuum of care
- Philosophies of recovery
- Staffing

The Whole Person Counselor and Self-Awareness (10 hours)

- Burnout
- Relapse
- Self-care

Total hours: 54

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value