

NS222 : Psychiatric Nursing

General Information

Author:	<ul style="list-style-type: none">Kohar Kesian
Course Code (CB01) :	NS222
Course Title (CB02) :	Psychiatric Nursing
Department:	NS
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1230.10) Registered Nursing
CIP Code:	(51.3801) Registered Nursing/Registered Nurse.
SAM Code (CB09) :	Advanced Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000245622
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	NS 222 focuses on acute and chronic mental health and psychosocial disorders. Student gains the knowledge, attitudes/behaviors, and skills to care for the patient with developmental, environmental, cultural, psychological, and socioeconomic needs. Emphasis is placed on a conceptual approach using core competencies for nurses in didactic and clinical experiences.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Nursing
Alternate Discipline:	<ul style="list-style-type: none">Nursing Science/ Clinical Practice
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

Units and Hours

Summary

Minimum Credit Units (CB07)	3.5
Maximum Credit Units (CB06)	3.5
Total Course In-Class (Contact) Hours	117
Total Course Out-of-Class Hours	72
Total Student Learning Hours	189

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	2	4
Laboratory Hours	4.5	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	36

Laboratory	81
Studio	0
Total	117

Course Out-of-Class Hours

Lecture	72
Laboratory	0
Studio	0
Total	72

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Advisory

NS202 - Nursing Seminar II (in-development)

Recommended Corequisite: Enrollment in NS 202 is highly recommended.

AND

Prerequisite

NS211 - Medical-Surgical Nursing I

Objectives

- Explain how the patient’s diversity values, beliefs, and attitudes relate to health and illness and its impact on delivery of care.
- Apply safety protocols for safety and quality improvement in the clinical setting with patients who have common acute, and chronic conditions.
- Implement an evidence-based approach in the development of professional nursing practice.
- Summarize legal and ethical principles and leadership behaviors in the delivery of nursing care.
- Describe communication skills with the interprofessional team, patients, family and the community in the healthcare setting.
- Utilize information technology in the delivery of nursing care.

Entry Standards

Entry Standards	Description
Explain how the patient's diversity, values, beliefs, and attitudes relate to health and illness and its impact on delivery of care.	No Value
Apply safety protocols for safety and quality improvement in the clinical setting with patients who have common acute, and chronic conditions.	No Value
Implement and evidence-based approach in the development of professional nursing practice.	No Value
Describe communication skills with the inter-professional team, patients, family members, and the community in the healthcare setting.	No Value
Summarize legal and ethical principles and leadership behaviors in the delivery of nursing care.	No Value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Specifications

Methods of Instruction	
Methods of Instruction	Lecture
Methods of Instruction	Laboratory

Methods of Instruction

Multimedia

Out of Class Assignments

- Web-based tutorials
- Reflection papers and care plans
- Field trips/ observational experiences (e.g. attending a mental health court hearing and Alcoholics Anonymous meetings)

Methods of Evaluation**Rationale**

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Mid-term examination

Evaluation

Instructor evaluation of in-class group presentations

Activity (answering journal prompt, group activity)

Effective participation in team assignments

Exam/Quiz/Test

Final examination

Textbook Rationale

No Value

Textbooks**Author****Title****Publisher****Date****ISBN**

Halter, M.J.

Varcarolis' Foundations of
Psychiatric-Mental Health
Nursing. (9th ed.)

Elsevier

2023

978-0-323-69707-1

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives**Course Objectives**

Explain the individual's preferences, values and needs into the plan of care of patients with mental health conditions.

Examine safety outcomes in the work unit for quality improvement in the care of patients with mental health conditions.

Implement evidence-based practice in caring for patients with mental health conditions.

Implement leadership, accountability, and professional principles in caring for patients with mental health conditions.

Implement therapeutic communication and interprofessional collaboration in caring for patients with mental health conditions.

Integrate information technology in caring for patients with mental health conditions.

SLOs

Explain nursing care necessary for patients with mental health problems as requisite knowledge required in the psychiatric nursing course.

Expected Outcome Performance: 75.0

ILOs
Core
ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Score a passing grade of 75% or better on the didactic portion of the course.

Expected Outcome Performance: 75.0

ILOs
Core
ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Demonstrate safe evidence-based care of the patient with mental health problems in the clinical setting.

Expected Outcome Performance: 75.0

ILOs
Core
ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

Yes

Is this proposal submitted in response to learning outcomes assessment data?

Yes

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

The proposal was recommended both by the Board of Registered Nursing and the Accreditation Commission for Education in Nursing (ACEN) to develop and advance the SLOs level by level/semester by semester throughout the nursing program.

SLO Evidence

No Value

Course Content

Lecture Content

Conceptual Framework for Psychiatric Nursing (2 hours)

- Hierarchy of human needs
- Historical influences/trends in mental health
- Review of theoretical approaches to psychopathology and psychopharmacology

Factors and Issues Affecting Delivery of Mental Health Services (2 hours)

- Cultural competence and implicit bias
- Standards of practice
- Role of mental health team members
- Legal and ethical issues
- Concepts and application
- Integrate culturally competent care / patient-centered care.

Human Needs Assessment within the Nursing Process: (4 hours)

- Systems theory and family process in meeting basic needs
- Clinical testing as assessment tools
- General adaptation Syndrome and stress analysis
- Coping strategies

Human Needs Assessment Within the Nursing Process (3 hours)

Therapeutic Communication as a Function of Caring

- Communication
- Teamwork and collaboration

Therapeutic Modalities Related to Esteem, Love, Belonging, and Safety Needs (2 hours)

- Family therapy
- Group therapy
- Self-help groups
- Electric convulsive therapy
- Other somatic therapies
- Psychotropic medications

Esteem Needs related to Self-Concept (2 hours)

- Chronic Low Self Esteem
- Situational Low Self Esteem

Sexuality Needs (1 hour)

- Myths
- Sexual response cycle
- Sexual dysfunction and altered sexual patterns
- P LI SS IT (Permission, Limited Information, Specific Suggestion, Intensive Therapy)

Safety and Esteem Needs Related to Substance Use Disorders (2 hours)

Esteem and Safety Needs Related to Personality Disorders (1 hour)

Safety Needs Related to Somatoform Disorders (1 hour)

Safety, Love and Belonging Needs Related to Anxiety Disorders (3 hours)

Safety Needs Related to Dissociative Disorders (3 hours)

Safety, Love and Belonging and Esteem Needs Related to Disturbances in Mood (3 hours)

Cognitive-Perceptual and Safety Needs Related to Disturbances in Cognition (5 hours)

- Dementia
- Geriatric considerations

Cognitive-Perceptual, Safety, Love, Belonging, and Esteem Needs Related to Childhood Disorders (2 hours)

Total Hours: 36

Laboratory/Studio Content

Clinical Laboratory (81 hours)

- Patient-centered plan of care
 - Educate patients about safety, individualize nursing care plan based on the patients' preferences, needs and values
- Evidence-based practice
 - Practice National Safety Goals, including medication administration, patient identifiers, and minor extra pyramidal symptoms
- Teamwork and collaboration
 - Collaborate with different disciplines in clinical e.g., therapist, RN, nutritionist
- Patient Safety
 - Practice non-violent crisis intervention
- Information Technology
 - Utilize electronic health record to gather patient data

Total Hours: 81

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

Yes

If yes, who is your departmental library liaison?

Susie Chin (Biology, English, Health Sciences)

Did you contact the DEIA liaison?

Yes

Were there any DEIA changes made to this outline?

Yes

If yes, in what areas were these changes made:

- Course Content

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value