

COURSE OUTLINE

**DANCE 120
JAZZ TECHNIQUE I**

I. Catalog Statement

Dance 120 provides the student with practical experience in the jazz dance techniques and styles. Through demonstration, exercise, and discussion the course emphasizes the development of the basic physical skills, dance vocabulary, alignment, and coordination necessary to excel in various jazz dance forms.

Total Lecture Units: 1.0

Total Laboratory Units: 1.0

Total Course Units: 2.0

Total Lecture Hours: 16.0

Total Laboratory Hours: 48.0

Total Faculty Contact Hours: 64.0

Prerequisite Skills: None.

Note: This course may be taken twice (2 times); a maximum of four (4) units may be earned..

II. Course Entry Expectations

Prior to enrolling in the course, the student should be able to

1. Read, write and converse in English;
2. Add, subtract, multiply

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

1. identify and define basic jazz dance terminology;
2. demonstrate and explain correct body alignment, and muscle coordination;
3. perform a basic jazz dance warm up and a basic Jazz dance combination;
4. discuss the application of jazz dance techniques used in performance.

IV. Course Content

Total Faculty Contact Hours: 64_

A. Introduction

Lecture 2 hours

1. Overview of course content
2. Development of the jazz dance techniques
3. Development of jazz dance style.

B. Injury Prevention – Safety

Lecture 2 hours

1. Body alignment
2. Parallel and turn-out positions
3. Breathing

Lab 5 hours

C. Ballet Positions Used in Jazz

Lecture 1 hour

1. Turnout
2. Five basic positions
3. Arabesque
4. Attitude
5. Coupé
6. Passé

Lab 5 hours

D. Basic Jazz Positions

Lecture 2 hours

1. Jazz foot positions
2. Jazz arm positions
3. Arch
4. Contraction
5. Flat Back
6. Hinge
7. Lateral
8. Lunge

Lab 5 hours

E. Jazz Warm-Up

Lecture 2 hours

1. Floor exercises
2. Leg and arm work
3. Abdominal strengthening
4. Isolations
5. Balancing Exercises

Lab 5 hours

F. Locomotive Movements

Lecture 2 hours

1. Jazz walk
2. Camel Walk
3. Jazz square
4. Jazz Slide
5. Grapevine
6. Chassé
7. Kick ball change
8. Pas de bourré
9. Triplet
10. Kicks

Lab 5 hours

G. Turns

1. Pivot turn
2. Paddle turn
3. Chainé turn
4. Soutenu turn
5. Pirouettes

Lecture 2 hours

Lab 5 hours

H. Jumps

1. Straight jump
2. Arch Jump
3. Pike jump
4. Tuck jump
5. Assemblé
6. Sissonne
7. Catleap
8. Hitch kick
9. Jeté

Lecture 1 hour

Lab 5 hours

I. Performance Skills

1. Focus
2. Dynamics
3. Rhythm
4. Presentation
5. Interpretation

Lecture 1 hour

Lab 5 hours

J. Jazz Dance Styles

1. Lyrical Jazz
2. Musical Comedy or Theater Jazz
3. West Coast Jazz
4. Latin Jazz
5. Street Dance/Hip Hop

Lecture 1 hour

Lab 8 hours

V. Methods of Instruction

The following instructional methodologies may be used in the course:

1. classroom lecture and demonstration;
2. floor work and center combination practice;
3. interpretation and practical application of Jazz dance vocabulary;
4. video and multimedia presentations;
5. in-class critiques, done individually and in groups.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:

1. attendance at GCC Dance Department performances;
2. on-line research of the genre (examples);

3. written evaluation of the performances attended.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course

1. movement exams;
2. class participation in critiques, analysis, and evaluation of dance performance;
3. written exams;
4. written essays;
5. final exams.

VIII. Textbooks

Craine, D. and Mackrell, J., *The Oxford Dictionary of Dance*. 2nd ed., New York: Oxford University, 2010. Print.
12th Grade Reading Level. ISBN 0199563446.

Goodman Kraines, Minda, Pryor Esther, *Jump into Jazz, The Basics and Beyond for the Jazz Dance Student*, 5th ed., Mayfield: MountainView 2004. Print.
12th Grade Textbook Reading Level. ISBN-13 978- 76419994.
* Best and most current publication available at this time.

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

1. identify and define basic jazz dance terminology;
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4. discuss the application of jazz dance techniques used in performance.